

“Bless the LORD, O my soul, and forget not all His benefits.” (Psalm 103:2)

Thank You, God, for...

Being.

“God said to Moses, ‘I AM WHO I AM.’” (Exodus 3:14)

“Jesus said, ‘Truly, truly, I say to you, before Abraham was, I am.’” (John 8:58)

Being good.

“Jesus said to him...‘No one is good except God alone.’” (Mark 10:18)

The LORD is good to everyone. He showers compassion on all His creation.”
(Psalm 145:9 NLT)

“Oh, taste and see that the LORD is good!” (Psalm 34:8)

Being compassionate.

“As a father shows compassion to his children, so the LORD shows compassion to those who fear Him. For He knows our frame; He remembers that we are dust.” (Psalm 103:13–14)

Being a God of comfort and the Father of mercies.

“Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort.” (2 Corinthians 1:3)

Being gracious, merciful, patient, and loving.

“The LORD is gracious and merciful, slow to anger and abounding in steadfast love.”
(Psalm 145:8)

Being our refuge and strength.

“God is our refuge and strength, a very present help in trouble.” (Psalm 46:1)

“The LORD has become my stronghold, and my God the rock of my refuge.”
(Psalm 94:22)

Being my Redeemer.

“I know that my Redeemer lives, and at the last He will stand upon the earth” (Job 19:25)

“They remembered that God was their rock, the Most High God their Redeemer.”
(Psalm 78:35)

Being my Rock.

“The Rock, His work is perfect, for all His ways are justice. A God of faithfulness and without iniquity, just and upright is He.” (Deuteronomy 32:4)

“The LORD is my rock and my fortress and my deliverer, my God, my Rock, in Whom I take refuge, my shield, and the horn of my salvation, my stronghold.” (Psalm 18:2)

Being King.

“God is the King of all the earth.” (Psalm 47:7)

“The LORD is a great God, and a great King above all gods.” (Psalm 95:3)

Being my Helper.

“God is my Helper; the Lord is the upholder of my life.” (Psalm 54:4)

“Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with My righteous right hand.” (Isaiah 41:10)

Being my Shepherd.

“The LORD is my Shepherd; I have all that I need. He lets me rest in green meadows; He leads me beside peaceful streams. He renews my strength. He guides me along right paths, bringing honor to His name. Even when I walk through the darkest valley, I will not be afraid, for You are close beside me. Your rod and Your staff protect and comfort me.” (Psalm 23:1–4 NLT)

Being gracious, righteous, and merciful.

“Gracious is the LORD, and righteous; our God is merciful.” (Psalm 116:5)

Being love.

“God is love.” (1 John 4:8)

Being light.

“God is light, and in Him is no darkness at all.” (1 John 1:5)

Being righteous and kind.

“The LORD is righteous in all His ways and kind in all His works.” (Psalm 145:17)

Being faithful and kind.

“The LORD is faithful in all His words and kind in all His works.” (Psalm 145:13b)

Being patient.

“The Lord...is patient toward you, not wishing that any should perish.” (2 Peter 3:9)

Never changing.

“I, the LORD, do not change” (Malachi 3:6)

“Of old You laid the foundation of the earth, and the heavens are the work of Your hands. They will perish, but You will remain; they will all wear out like a garment. You will change them like a robe, and they will pass away, but You are the same, and Your years have no end.” (Psalm 102:25–27)

Being a Father to the fatherless.

“Father to the fatherless, defender of widows— this is God.” (Psalm 68:5)

Being our Father.

“Grace to you and peace from God our Father.” (1 Corinth. 1:3)

“Our Father in heaven, may Your name be kept holy.” (Matthew 6:9 NLT)

Being near.

“He is actually not far from each one of us, for ‘In Him we live and move and have our being.’” (Acts 17:27–28)

Being a pursuer.

“Surely Your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the LORD forever.” (Psalm 23:6 NLT)

Being a Gentleman.

“Look! I stand at the door and knock. If you hear My voice and open the door, I will come in, and we will share a meal together as friends.” (Revelation 3:20 NLT)

Being sovereign.

“I am the LORD, and there is no other, besides Me there is no God.” (Isaiah 45:5)

“He Who is the blessed and only Sovereign, the King of kings and Lord of lords.”
(1 Timothy 6:15)

Being supreme.

“Thus says the LORD, the King of Israel and His Redeemer, the LORD of hosts: ‘I am the first and I am the last; besides Me there is no god.’” (Isaiah 44:6)

Creating us in Your image.

“God created man in His own image, in the image of God He created him; male and female He created them.” (Genesis 1:27)

“I am fearfully and wonderfully made. Wonderful are Your works; my soul knows it very well. My frame was not hidden from You, when I was being made in secret, intricately woven in the depths of the earth. Your eyes saw my unformed substance.” (Psalm 139:14–16)

Choosing us.

“He chose us in Him before the foundation of the world.” (Ephesians 1:4)

“In love He predestined us for adoption as sons through Jesus Christ, according to the purpose of His will.” (Ephesians 1:4–5)

Adopting us as Your children.

“You have received the Spirit of adoption as sons, by Whom we cry, ‘Abba! Father!’ The Spirit Himself bears witness with our spirit that we are children of God.” (Romans 8:15–16)

“Beloved, we are God’s children now.” (1 John 3:2)

“Because you are sons, God has sent the Spirit of His Son into our hearts, crying, ‘Abba! Father!’” (Galatians 4:6)

Knowing us.

“O LORD, You have searched me and known me! You know when I sit down and when I rise up; You discern my thoughts from afar. You search out my path and my lying down and are acquainted with all my ways.” (Psalm 139:1–3)

Thinking about us.

“How precious to me are Your thoughts, O God! How vast is the sum of them!”
(Psalm 139:17)

Enjoying us.

“The LORD takes pleasure in His people; He adorns the humble with salvation.”
(Psalm 149:4)

Being for us.

“This I know, that God is for me.” (Psalm 56:9)

Giving us a new heart.

“I will give you a new heart, and a new spirit I will put within you.” (Ezekiel 36:26)

Clothing us in Jesus’ righteousness.

“I will rejoice greatly in the LORD, my soul will exult in my God; for He has clothed me with garments of salvation, He has wrapped me with a robe of righteousness.”
(Isaiah 61:10 NASB)

Understanding our hearts.

“The LORD searches all hearts and understands every plan and thought.”
(1 Chronicles 28:9)

Looking to us when we are needy.

“To this man will I look, even to him that is poor and of a contrite spirit, and that trembles at My Word.” (Isaiah 66:2)

Seeing us.

“No creature is hidden from His sight, but all are naked and exposed to the eyes of Him to Whom we must give account.” (Hebrews 4:13)

Listening when I call.

“Evening and morning and at noon I utter my complaint and moan, and He hears my voice.” (Psalm 55:17)

Being near.

“The LORD is near to all who call on Him, to all who call on Him in truth.” (Psalm 145:18)
“Draw near to God, and He will draw near to you.” (James 4:8)

Giving me rest.

“He gives to His beloved sleep.” (Psalms 127:2)

“I lay down and slept; I woke again, for the LORD sustained me.” (Psalm 3:5)

“In peace I will both lie down and sleep; for You alone, O LORD, make me dwell in safety.” (Psalm 4:8)

Giving us joy.

“You have put more joy in my heart than they have when their grain and wine abound.” (Psalm 3:7)

Holding us.

“Your hand shall lead me, and Your right hand shall hold me.” (Psalm 139:10)

Holding us up.

“When I thought, ‘My foot slips,’ Your steadfast love, O LORD, held me up.” (Psa. 94:18)

Healing our hearts.

“He heals the brokenhearted and binds up their wounds.” (Psalm 147:3)

Giving us hope.

“May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.” (Romans 15:13)

Raising us up.

“The LORD upholds all who are falling and raises up all who are bowed down.” (Psalm 145:14)

“The LORD lifts up the humble.” (Psalm 147:6)

Sacrificing Your Son on our behalf.

“He Who did not spare His own Son but gave Him up for us all, how will He not also with Him graciously give us all things?” (Romans 8:32)

Delivering us from evil.

“Lead us not into temptation, but deliver us from evil.” (Matthew 6:13)

Loving us unceasingly and faithfully.

“The steadfast love of the LORD never ceases; His mercies never fail; they are new every morning; great is Your faithfulness.” (Lamentations 3:22–23)

Making us whole.

“May the God of peace Himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ. He Who calls you is faithful; He will surely do it.” (1 Thessalonians 5:23–24)

Forgiving ALL our iniquity.

“Who forgives all your iniquity.” (Psalm 103:3)

Healing us.

“Who heals all your diseases.” (Psalm 103:3)

Removing our transgressions.

“As far as the east is from the west, so far does He remove our transgressions from us.”
(Psalm 103:12)

Redeeming our life.

“Who redeems your life from the pit.” (Psalm 103:4)

Crowning us with love and mercy.

“Who crowns you with steadfast love and mercy.” (Psalm 103:4)

Satisfying us with good and renewing us.

“Who satisfies you with good so that your youth is renewed like the eagle’s.”
(Psalm 103:5)

“You open Your hand; You satisfy the desire of every living thing.” (Psalm 145:16)

Preserving us.

“The LORD preserves all who love Him.” (Psalm 145:20)

Providing a wife.

“A prudent wife is from the LORD.” (Proverbs 19:14)

Making a husband and wife one flesh.

“A man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh.” (Genesis 2:24)

“They are no longer two but one flesh.” (Matthew 19:6)

Giving children.

“Behold, children are a gift of the LORD.” (Psalm 127:3 NASB)

Giving the Holy Spirit.

“How much more shall your heavenly Father give the Holy Spirit to them that ask Him?” (Luke 11:13 KJV)

Leading us by Your Good Spirit.

“Teach me to do Your will, for You are my God! Let Your good Spirit lead me on level ground!” (Psalms 143:10)

Teaching us by Your Good Spirit.

“You gave Your good Spirit to instruct them.” (Nehemiah 9:20)

Sending the Holy Spirit.

“I will ask the Father, and He will give you another Helper, to be with you forever.”
(John 14:16)

Anointing and sealing me with Your Spirit.

“It is God Who establishes us with you in Christ, and has anointed us, and Who has also put His seal on us and given us His Spirit in our hearts as a guarantee.”

(2 Corinthians 1:21–22)

Working all things together for our good.

“We know that to them that love God all things work together for good, even to them that are called according to His purpose.” (Romans 8:28 ASV)

Working in us.

“God Who works in you, both to will and to work for His good pleasure.” (Phil. 2:13)

Predestining us to be like Jesus.

“Those whom He foreknew He also predestined to be conformed to the image of His Son.” (Romans 8:29)

Taking the initiative to reveal your love to us.

“This is love, not that we have loved God but that He loved us and sent His Son to be the propitiation for our sins.” (1 John 4:10)

“God shows His love for us in that while we were still sinners, Christ died for us.” (Romans 5:8)

Revealing Jesus as the Christ.

“When Jesus came into the district of Caesarea Philippi, He asked His disciples, ‘Who do people say that the Son of Man is?’ ...Simon Peter replied, ‘You are the Christ, the Son of the living God.’ And Jesus answered him, ‘Blessed are you, Simon Bar-Jonah! For flesh and blood has not revealed this to you, but My Father Who is in heaven.’”

(Matthew 16:13, 16–17)