Family Traditions

Sandi read a book by Edith Schaeffer <u>What is a Family</u>, that spoke about the importance of traditions.

As I recall, but it has been many years, a family with traditions contributes to an increased stability for the children and a healthy sense of identity.

Example: The way you do Christmas.

Our family serves Eggs Benedict with cheese sauce, which began with my parents when I was a child.

Small things, like do you open stockings on Christmas Eve or Christmas Day?

What is the protocol for opening presents. Open them early in the morning or wait until after all have eaten?

Our home practiced a certain family devotion structure during the movings and on Friday evenings, we conducted "Thanks Services."

I have mentioned in another activity how we did birthdays.

Lets all come up with our own unique ideas and encourage kids be a part of the decision process. Perhaps gathering around a white board for brainstorming and planning.