



Successful Family Communication

Introduction: Family Board meetings, Chair Chats, Biblical Principles

1 Recognize the power of the tongue to build up or hurt

“Death and life are in the power of the tongue” (Proverbs 18:21)

“A gentle tongue is a tree of life, but perverseness in it breaks the spirit.” (Proverbs 15:4)

2 Our speech reflects our heart values.

“Out of the abundance of the heart the mouth speaks.” (Matthew 12:34)

“Let the words of my mouth and the meditation of my heart Be acceptable in thy sight” (Psalm 19:14)

3 Cultivate a Quiet Spirit and Heart

Each person, “rooted and grounded” in the love of God. (Ephesians 3:17)

4 Esteem Others Highly and Thinking Biblically

“In humility count others more significant than yourselves.” (Philippians 2:3)

5 Tone is a reflection of the spirit. Respond thoughtfully instead of reacting emotionally.

“A bruised reed He will not break, and a smoldering wick He will not quench.” (Matthew 12:20)

6 Primary Objective is to Hear. Mutual Respect for Different Views.

Two way communication is not to convince others what you think, but understand what they think.

7 Encouragement for the Speaker. The Pen.

Express clearly what you are thinking and feeling. Represent yourself with “I” expressions.

Be faithful to what you know and have experienced. “Hi, my name is Steve.” (Think AA)

8 Listeners, Quick to Hear and Slow to Speak. Explore key words.

Ask questions for clarification. Restate or rephrase; Is this what I hear you saying?

9 Transformed. When a speaker tells their story to an empathetic listener, greater sense of emotional and relational connection, decreased anxiety. **Anatomy of the Soul**, Curt Thompson

10 For Couples, Practice and Develop Your skills. Las Vegas. Guard what has been shared.

Set time if possible. Introverts need time to process and plan what to say.

11 Children, Provide time to rebuild trust.

Expect someone to test safety with a potential hand grenade.

Speaking the Truth book, video, audio <http://www.buildingfaithfamilies.org/speakingthetruth/>

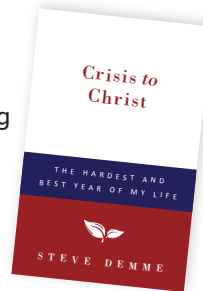
The **FREE MONTHLY NEWSLETTER** is an encouraging exhortation. Sign up on the website.



LIKE us on FACEBOOK to receive notifications when our **FREE PODCAST** is released.

CRISIS TO CHRIST, THE HARDEST AND BEST YEAR OF MY LIFE

This difficult time was instrumental in changing my life and transforming my most important relationships. My pain led me to acknowledge my own needs, and get help from the body of Christ. I am now in the best place I have ever been with God and my family.



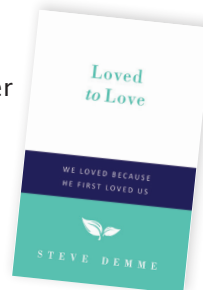
KNOWING GOD'S LOVE, BECOMING ROOTED AND GROUNDED IN GRACE

I have believed in my mind that God loves me for over forty years. And now I know that He likes me for who I am and not because of what I do. His care for me is not tied to my performance but to His unconditional grace.



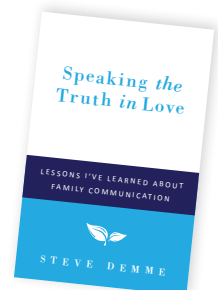
LOVED TO LOVE, WE LOVE BECAUSE HE FIRST LOVED US

The new command does not consider how I want to be loved, but how I have been loved. The more I comprehend how Jesus loves me, the better equipped I am to love my wife and children as I have been loved.



SPEAKING THE TRUTH IN LOVE, LESSONS I'VE LEARNED ABOUT FAMILY COMMUNICATION

My relationship with my wife and children is built on safe communication that builds up and encourages each person without quenching or wounding their spirit. I am learning how to thoughtfully respond instead of emotionally reacting.



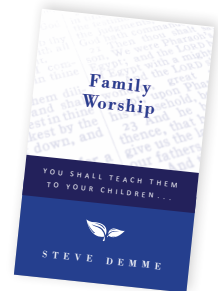
HYMNS FOR FAMILY WORSHIP

This time-honored collection of 100 classic hymns will be a rich addition to your family worship. In addition to the music for these sacred songs, the history of each hymn enhances the meaning of the lyrics, as do the four CDs with piano accompaniment for singing along.



FAMILY WORSHIP

In this readable and encouraging book, Steve shares practical scripture-based tips for teaching the word of God to children of all ages. He also addresses common obstacles we all face in establishing the discipline of regular family worship. Be encouraged by Steve's experiences teaching his four sons, and learn from other families who share strategies that have worked for their children. *FREE if you read/listen to it within 30 days.



STEWARDSHIP CURRICULUM

"Where your treasure is, there will your heart be also." (Luke 12:34)

God calls us to love Him with all our heart and be faithful stewards of our God-given treasure. Half of the curriculum is focused on our "heart" relationship with God and the other half with being wise stewards of our "treasure." Algebra 1 is a prerequisite.

A Sampling of "Treasure Topics"

Earning Money, Taxes, Banking and Interest, Credit Cards, Comparison Shopping, Cost of Operating a Car, Wise Charitable Giving, Starting Your Own Business, and more.

B Taste of "Heart Studies"

The Love of Money, Trusting God and Being Content, Purchase with Prayer, Work is a God Thing, Our Identity in Christ, Honor Your Father and Mother, Guard Your Heart, and more.



Visit us at BuildingFaithFamilies.org for valuable resources to strengthen and encourage your family.