

Psalms 103

Bless the LORD, O my soul, and all that is within me, bless his holy name!
Bless the LORD, O my soul, and forget not all his benefits,
who forgives all your iniquity, who heals all your diseases,
who redeems your life from the pit, who crowns you with steadfast love and mercy,
who satisfies you with good so that your youth is renewed like the eagle's.

The LORD works righteousness and justice for all who are oppressed.
He made known his ways to Moses, his acts to the people of Israel.
The LORD is merciful and gracious, slow to anger and abounding in steadfast love.

He will not always chide, nor will he keep his anger forever.
He does not deal with us according to our sins, nor repay us according to our iniquities.
For as high as the heavens are above the earth,
so great is his steadfast love toward those who fear him;

As far as the east is from the west, so far does he remove our transgressions from us.
As a father shows compassion to his children,
so the LORD shows compassion to those who fear him.
For he knows our frame; he remembers that we are dust.

As for man, his days are like grass; he flourishes like a flower of the field;
for the wind passes over it, and it is gone, and its place knows it no more.

But the steadfast love of the LORD is from everlasting to everlasting
on those who fear him, and his righteousness to children's children,
to those who keep his covenant and remember to do his commandments.

The LORD has established his throne in the heavens, and his kingdom rules over all.

Bless the LORD, O you his angels, you mighty ones who do his word,
obeying the voice of his word!
Bless the LORD, all his hosts, his ministers, who do his will!
Bless the LORD, all his works, in all places of his dominion. Bless the LORD, O my soul!

Psalms 145

I will extol you, my God and King, and bless your name forever and ever.
Every day I will bless you and praise your name forever and ever.
Great is the LORD, and greatly to be praised, and his greatness is unsearchable.

One generation shall commend your works to another, and shall declare your mighty acts.
On the glorious splendor of your majesty, and on your wondrous works, I will meditate.
They shall speak of the might of your awesome deeds, and I will declare your greatness.
They shall pour forth the fame of your abundant goodness
and shall sing aloud of your righteousness.

The LORD is gracious and merciful, slow to anger and abounding in steadfast love.
The LORD is good to all, and his mercy is over all that he has made.

All your works shall give thanks to you, O LORD, and all your saints shall bless you!
They shall speak of the glory of your kingdom and tell of your power,
to make known to the children of man your mighty deeds,
and the glorious splendor of your kingdom.

Your kingdom is an everlasting kingdom, and your dominion endures throughout
all generations. [The LORD is faithful in all his words and kind in all his works.]
The LORD upholds all who are falling and raises up all who are bowed down.

The eyes of all look to you, and you give them their food in due season.
You open your hand; you satisfy the desire of every living thing.

The LORD is righteous in all his ways and kind in all his works.
The LORD is near to all who call on him, to all who call on him in truth.

He fulfills the desire of those who fear him; he also hears their cry and saves them.
The LORD preserves all who love him, but all the wicked he will destroy.

My mouth will speak the praise of the LORD,
and let all flesh bless his holy name forever and ever.